PRINCIPAL’S REPORT

Student of the Week
Congratulations to Lilly-Ann White who is this week’s Student of the Week. Lilly-Ann recently represented the Hunter Region and our school at the state cross country held at Eastern Creek. This is an outstanding achievement. Congratulations Lilly-Ann!

Bouquets

Christmas in July Luncheon- 170 plus lunches
Many thanks are extended to all the canteen coordinators and parent helpers who volunteered at this year’s Christmas in July luncheon. I hear that the Christmas pudding was the best ever!

Coming Up

Snowy / Canberra Excursion for our Stage 3 students (Year 5 and 6)
This morning, we farewelled our stage three students and teachers as they embarked on their five day excursion to the Snowy / Canberra region. We look forward to hearing all about their excursion when they return.

Class Assembly this Friday
Our stage three students not attending the Snowy / Canberra excursion will be hosting the assembly this Friday. Please join us to acknowledge and celebrate the achievement of our students.

Sydney Conservatorium of Music Northern Tour- Friday 1 August 2014
Students from the Sydney Conservatorium of Music will be performing for our students on Friday at 2pm. This annual performance is possible due to funding from the U3A. Parents are most welcome to attend too.

Education Week Update
Most schools are having Education this week. Due to our Snowy / Canberra excursion, we are conducting our Education Week from next Monday. We have a number of special activities and events on during the week and parents are most welcome to attend the events detailed below.

Monday 4/8/2014- On the 100th Anniversary of Great Britain’s declaration of WW1, vignettes prepared by some of our senior students will be delivered in an RSL Service at Peter Sinclair Gardens. The service commences at 10.30am

Aerobics AKA “Air” Robics for an Air conditioner fundraiser. These funds will directly go to replace the air conditioners in one of our Kindergarten rooms. If we get enough funds, we will also investigate re-
placing the air conditioner in our connected classroom. Please support this very important fundraising event! Parents are most welcome to come along and watch or join in the fun.

Schedule
9-9.30am- CORPS
9.30-10am- PODS
10am-10.30am- TEAM
10.30am-11am- TROOP
12pm-12.30pm Kindergarten (ARMY and PRIDE)
12.30-1pm- MOB
1pm-1.30pm COLONY
1.55-2.25pm ARMADA
2.25-2.55pm- Teachers Demonstration

Tuesday 5/8/2014- Zone Field Events

Wednesday 6/8/2014- Public Speaking Finals
9.10am followed by Open classes and an invitation to share lunch with your children.

Thursday 7/8/2014- Showcase Day for Year 5/6. This event is a Myall Learning Community initiative which supports the transition to high school for our senior students.

Friday 8/8/2014- Snowy / Canberra Excursion Review and Zone Track Carnival
Please join with us throughout the week for our activities.

Mark Clemson
Principal

Boys’ Soccer
Last Friday the boys’ soccer team travelled to Wallalong to play Seaham in round three of the knockout soccer competition. Unfortunately, the boys were defeated 3:0. They played well and showed great sportsmanship. I’d like to thank Mr Barry and Ms Gimbert for their assistance on the day.

Emily True

Public Speaking
The stage public speaking competition will begin next week with students from each stage presenting their speeches in class. From these presentations, 3 or 4 students will be chosen to represent their class in the stage final. The stage finals will be held this week and beginning of Week 4. The grand finals will be held where the best speakers from Early Stage 1 to Stage 3 will present their speeches to the school and guests on Wednesday 6 August at 9.10am in the school hall. Parent and community members are most welcome to attend.

Good for Kids good for life
Tips to sneak fruit and vegetables into your child’s lunchbox

56% of NSW primary school students do not eat the recommended daily amount of vegetables. Fruits and vegetables provide an array of colour, taste and texture in a child’s diet. They are also an excellent source of fibre, vitamins and minerals.

Eating fruit and vegetables daily helps children grow and develop, boosts their vitality and can reduce the risk of many chronic diseases such as heart disease, high blood pressure, some forms of cancer and being overweight or obese. It also helps children to meet their recommended daily intake of fruit and vegetables.

Here are some tips to sneak fruit and vegetables into the lunchbox:

<table>
<thead>
<tr>
<th>Fruit</th>
<th>Vegetables</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fresh, frozen, canned (in natural or unsweetened juice) or occasionally dried fruit</td>
<td>Vegetable sticks e.g. carrot, celery, cucumber, capsicum etc.</td>
</tr>
<tr>
<td>Bite-size fruit e.g. grapes, orange segments, melon etc.</td>
<td>Bite-size vegetables e.g. cherry tomatoes, snow peas, corn kernels</td>
</tr>
<tr>
<td>Raisin or fruit bread</td>
<td>Corn on the cob</td>
</tr>
<tr>
<td>Fruit muffin</td>
<td>Vegetable muffins</td>
</tr>
<tr>
<td>Fresh fruit and yoghurt</td>
<td>Salad vegetables on sandwiches</td>
</tr>
</tbody>
</table>

This term is concert term and the theme for this year is ‘At the Movies’. The concert this year will be presented in week 9 with the dates as following:
Matinee: – Tuesday 9th of September
Evening – Wednesday 10th of September.

Over the next few weeks your child’s teacher will be asking you to assist with the costuming and props for your child’s class item. If you are able to assist in any other way such as videoing or publicity please contact the school and let us know.
CANTEEN NEWS—TERM 3 WEEK 3

WEDNESDAY 30th JULY (Deb Smart HELP NEEDED)

Chicken Burger $4.50
Or
Chicken Nuggets

THURSDAY 31st JULY (Christine & Melinda Scott)

2 Junior Pies $4.50
Or
1 Sausage Roll
Both served with tomato sauce

FRIDAY 1st AUGUST (Christine & Lee Burgess)

Spaghetti Bolognaise $4.50

PLEASE NOTE: CANTEEN WILL NO LONGER BE OFFERING MEAL DEALS. MEALS ARE $4.50. DRINKS SOLD SEPARATELY

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Congratulations to the following students who received a merit award on Friday 25th July 2014. They were:

**PRIDE**
- Ethan Avery: Fantastic spelling in his story writing
- Evie Braddock: Working hard to successfully 'sound out' words

**ARMY**
- Disa Godwin: Great story writing
- Bianka Patteson: Great story writing

**TEAM**
- Anthony McMahon: For always being polite to staff
- James McCarthy: For working well with multiplication

**MOB**
- Gemma Brown: For her interesting story and diaries
- Ocearn Grant: For her positive contributions in class

**POD**
- Lilly-Ann White: For outstanding results at State Cross Country
- Alanah Hinitt: For her enthusiastic participation in dancing

**TROOP**
- Abbie Smith: Excellent work habits and a positive attitude
- Harry Clemson: Consistent application in all areas

**CORPS**
- Lily-Arum Laws: Great work in English
- Lyn Vo: Consistent application in class

**COLONY**
- Jett Krohn: Consistent effort and improvement in class
- Mia Reilly: Consistent effort and attitude in class

**ARMADA**
- Matthew Selby: Helping Mrs True with Book Fair
- Taylor Simmons: Being a kind and considerate student

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"I didn't know my child could perform like that!"

They'll be dancing their heart out, beaming with joy and standing confidently in the spotlight!

**Watch Your Child Shine with HVT Studio of Performing Arts**
- Enthusiastic teachers who care about & nurture each child's talent, helping them shine
- All the most popular dance styles - from tap to ballet to hip hop to acrobatics!

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Call Kristy Now: 0413 343 727
& Find out which of HVT's 7 locations is closest to you
Kindergarten 2015

Parents who have children starting Kindergarten in 2015, please fill in the attached form to let our school know about your child? Your child must be turning 5 years of age before 31st July 2015.

Tea Gardens Public School will be holding Kindergarten Orientation sessions over the next two terms.

Letters will be sent out to all children’s parents outlining dates and itineraries.

Please let us know of your child starting kindergarten in 2015 as soon as possible.

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TEA GARDENS PUBLIC SCHOOL
Expressions of Interest—Kindergarten 2015
Registration

Child’s Name: ____________________________ (M/F) Date of Birth: ________________

Siblings enrolled at Tea Gardens Public School? ________________________________
(First Name/Surname)

Parents Name: ____________________________________________________________

Address: __________________________________________________________________

Phone (H): ______________ (W) ______________ Mobile: ______________

If you know of any children in the community that may be starting school next year please ask parents to contact us on 4997 0286.