PRINCIPAL’S REPORT

STUDENT OF THE WEEK

Congratulations are extended to Will Barlow from the Brigade class for being named our ‘Student of the Week’. Will receives the acknowledgement for always trying his best. Congratulations, Will on being a much deserved recipient of this week’s award!

BOUQUETS

Mother’s Day Stall

Many thanks to the parents who assisted at our Mother’s Day stall this year. A special thank you is extended to Jude Woodfield and Angela Condie for their work behind the scenes arranging the beautiful selection of gifts. Thank you to Angela for preparing all the gift tags too. We are very fortunate to have dedicated parents supporting our students at special events like this throughout the year.

Hunter PSSA (Regional Cross Country)

Last Friday, four of our students represented our school and Port Stephens PSSA at the regional Cross Country held at Broadmeadow.

The results for our participating students were as follows:
- Makai Dvorik - 29th
- Lilly Ann White - 1st
- Braiden Dvorik - 11th
- Sophie Frazer – 21st

Congratulations to our representatives. Special congratulations to Lilly Ann who has now gained a place in the Hunter regional squad to participate in the NSWPSSA / State Cross Country on Friday 17 July at Eastern Creek.

COMING UP

Junior Golf

Golf will be held on Tuesday afternoon. Please meet Mr Weightman at the Golf Club at 4.00pm.

P&C Meeting

The P&C will be meeting tomorrow evening, 12th May at 7.00pm in the school library. Please come along and be an active member of our school community.

Rugby League Training

Training will continue for our Rugby League team this Wednesday at Myall Park in Hawks Nest from 3.30-4.30pm. Attendance at this week’s session is vital.

NAPLAN 2015

The dates for NAPLAN, the National Assessment Program for all students in Years 3 and 5 are as follows:
- Tuesday 12 May – Language Conventions (Spelling, Punctuation and Grammar) and Writing task
- Wednesday 13 May – Reading
- Thursday 14 May – Maths
- Friday 15 May – Catch up day for students who missed a test due to absence

Please keep these dates free to ensure that your child does not miss out.

Year 5 Opportunity Class Placement 2016 Application—Close this Friday!

Applications of intention to apply for Year 5 entry to an opportunity class in 2016 close on Friday. If you have not received an information package, and are interested in applying, please contact the school office. There are no paper enrolment forms available. Online applications can be made at: www.schools.nsw.edu.au/ocplacement. Please note that our closest schools with opportunity classes include: Rutherford Public School, New Lambton South Public School, Soldiers Point Public School, Tighes Hill Public School and Maryland Public School.

NSWPSSA Rugby League Match this Friday

On Friday, our boys will be participating in round 1 of the Classic Shield knockout against Tanilba Bay commencing at 11.30am at Myall Park in Hawks Nest. We wish the team the best of luck in their first hit out of the year.

Official Opening of Parliament

Parents, carers and members of the community are invited to attend Tea Gardens Public School’s 26th Official Opening of Parliament on Wednesday 20th May 2015 commencing at 10am.

Weekly Assembly- 15th May

This Friday, our Ministers will be hosting the weekly assembly. Assembly commences at 9.10am. All parents and visitors are welcome.

Useful Websites

Food Allergy Week 17-23 May

Did you know that 1 in 10 babies born in Australia will develop a food allergy? The Food Allergy Week website has lots of great information, ideas and resources to help you be more allergy aware. Find out more: http://www.foodallergyaware.com.au

Is your child making friends at school?

Kids who get on at school tend to be more engaged in learning.
Here are some ideas on how to help your child with social skills:

Mastering spelling
Are you checking your child’s weekly spelling homework? Try talking to your child about how you spell, and what you do when you don’t know how to spell a word. Here’s some advice about how to help your child master spelling. Find out more: www.schoolatoz.nsw.edu.au/homework-and-study/english/english-tips/getting-your-child-used-to-writing

Library News
The Premiers Reading Challenge is still underway. Students from Kindergarten to Year 2 are required to read 30 books and students from 3-6 are required to read 20 books. The challenge finishes on the 21st of August. All online records must be completed by this date. Please make sure that your child/ren are recording the books they read so that they can complete the challenge before this time. Students from year 3 onwards have been shown how to log onto the Premiers Reading Challenge website through their student portal https://student.det.nsw.edu.au/ at school. This can also be done at home. To do this, follow the student portal link provided, students then log into their Kidspace page and the Premier’s Reading Challenge can be found under Learning. All Kindergarten students have been supplied with a record sheet, which will need to be returned to school upon completion. If you require a record sheet please don’t hesitate to contact me at school.
Rachel Cooper
Librarian

Calendar of Events Coming Up

REMINDERS
Stage 3 Bathurst Excursion—16 June to 18 June 2015
Expenses for this excursion may be paid as part or full payment. Payment slips were sent home last week. All payments need to be finalised by Friday 5 June 2015. The total cost for this excursion is $370 per student.

Year 6 Fun Shot & Parliament Photo
MSP Photography have provided orders for the Year 6 students “Fun Shot 2015” and Parliament Photo. A copy of these photos are on display in the office foyer. Orders must be placed before Thursday 14th May 2015.

Impetigo
It has been brought to our attention that a student attending our school has contracted Impetigo (school sores). An information sheet is attached to this newsletter outlining signs and symptoms, treatment and reducing the spread of Impetigo. Students can attend school 24 hours after treatment has begun and all sores are covered.

12 May – 14 May  | NAPLAN Testing | All students in Year 3 and Year 5
12 May         | P&C meeting | 7pm in school library
15 May         | NSWPSSA Rugby League KO | In Hawks Nest against Tanilba Bay PS
20 May         | 26th Official opening of the School Parliament
21 May         | Newcastle Knights Knockout Rugby League | Open Division
22 May         | Walk Safely to School Day | www.walk.com.au Pedestrian Council of Australia
25/26 May       | Enviro Mentors Program | Close the loop-Through interactive games and audio visual material, students find out what and how new items are made from recycled material. With a focus on local services, recycling to reduce waste going to landfill and save resources are emphasised.
27 May         | National Simultaneous Story time
27 May         | Great Lakes Library Service 15th Annual Great Books Festival | Author / Illustrator Stephen Michael King is coming to Tea Gardens!!! 1-1.40 and 1.50-2.50pm
5 June         | The Power of One | Antibullying show
8 June         | Queen’s Birthday | Public Holiday
9 June         | P&C meeting | 7pm in school library
16-18 June     | Bathurst Goldfields Excursion | Stage 3 Excursion
22 June       | Reports home today | Semester 1 reports go home today
24 June       | NAIDOC Week School Celebrations | Celebrating NAIDOC Week 2015 (7-14 July)
26 June       | School Athletics Carnival | All students K-6
Merit Awards
Congratulations to the following students who received a merit award on Friday 8th May 2015. They were:

ALLIES
Shae Roberts  Working well in L3 Reading Groups
Stephanie McShane  Working well in L3 Reading Groups

BRIGADE
Joshua Charbel  Always having beautiful manners
Jack Nolan  Working well and completing all tasks

HEROES
Heidi Deng  Responsible and reliable class member
Deagon Cook  His efforts in reading both in the class and at home

MATES
James McCarthy  His enthusiastic approach to his work
Matilda Bryant  Her clever work in using adjectives

POPPIES
Amber O’Bryan  Consistent application in all areas
Logan Clarke  Great effort presenting class news

AIF
Jake  Excellent work in science
Sophie Frazer  Working steadily in class

CADETS
Allysha Randall  Excellent attitude and application in class
Toby Avery  Working well with multiplication

SQUADRON
Nathan Katz  Outstanding effort in all areas
William Markham  Working consistently well in class

Good for Kids good for life
Healthy ideas for class parties
As parents we want the best for our kids, especially their nutrition. We usually pack or help them pack their lunchbox, help them decide what to choose for their lunch order at the school canteen, but we don’t have much choice in what they may choose to eat at school functions, events and class parties.

With the introduction of the DEC Nutrition in Schools Policy in 2011, this has helped schools to support families make healthy decisions about what foods are made available to students at these events.

Here are a few suggestions for healthy party food to send to school

• Fruit bread with a scraping of margarine
• Pikelets with a scraping of margarine and jam or fruit pikelets
• Rice crackers with low fat vegetable dip e.g. hommus, tzatiki etc
• Vegetable sticks with low fat dip e.g. cottage cheese or cream cheese
• Fruit e.g. cut up, fruit kebabs, fruit and yoghurt or custard
• Air popped popcorn and dried fruit mixes
• Cheese cubes and crackers
• Mini vegetables muffins or mini fruit muffins

Rewards Program update
Student Banking – Tuesday
Available in Term 2, we have two new reward items from our Outer Space Savers range for students to redeem.
• Invisible Ink Martian Pen
• Intergalactic Rocket

Canteen Menu & Volunteers Roster Term 3 Week 4 – 2015 – All Meals $4.50

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<thead>
<tr>
<th>WEDNESDAY 13TH MAY</th>
<th>THURSDAY 14TH MAY</th>
<th>FRIDAY 15TH MAY</th>
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<tr>
<td>Dan Driscoll Ngaire White (9-12)</td>
<td>Deb Smart Karen Katz (9-12)</td>
<td>Dan Driscoll Bill Ewen (9-12)</td>
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<tr>
<td>Amanda MacSween (9-2)</td>
<td>Kylie Patteson (9-2)</td>
<td>Kate Mitchell (9-2)</td>
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NEW
Cottage pie & gravy with corn on the cob
**Optional bbq or tomato sauce**

Chicken salad wrap
**Salad- lettuce, carrot, tomato & cucumber**

Pizza sub’s (2) – tomato paste, ham, pineapple & cheese OR bbq sauce chicken & cheese on a long roll

Canteen Supervisor: Danielle Driscoll 0421976137
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<th>Term</th>
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<td>2</td>
<td>4</td>
<td>15/5/15 Ministers (NAPLAN Week)</td>
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<td>5</td>
<td>22/5/15 Mrs Ingram (Walk Safely to School Day)/Parliament Opening</td>
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<td>2</td>
<td>6</td>
<td>29/5/15 Ministers</td>
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<td>5/6/15 Mrs Booth</td>
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<td>2</td>
<td>8</td>
<td>12/6/15 Ministers</td>
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<td>19/6/15 Mrs Andrews</td>
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<td>2</td>
<td>10</td>
<td>26/6/15 Athletics Carnival- No assembly</td>
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Impetigo school sores

Impetigo is an infection of the skin. It is often called 'school sores'. Impetigo is very easily spread, but with care spread can be reduced.

What is impetigo?

- Impetigo is an infection of the skin caused by bacteria (usually by one of two bacteria called either *staphylococcus aureus* or group A, b haemolytic streptococcus). These bacteria can live on the skin, in the throat or nose, or on other parts of the body without causing a problem but sometimes they start to cause an infection such as impetigo.
- Impetigo can occur on healthy skin but it often happens when the skin has already been damaged by a scratch, bite or a disease affecting the skin such as eczema or chicken pox.
- Impetigo is very easily spread.
- It is more common in hotter months.

Signs and symptoms

- The sores can be anywhere on the body, but are often on the face near the mouth and nose, or on the arms and legs.
- Impetigo may start with a blister or a group of blisters.
- The blister bursts leaving a patch of red, wet skin which weeps.
- The spot usually becomes coated with a tan or yellowish crust, making it look like it has been covered with honey.
- There can be small spots around the first spots, spreading outwards.
- Impetigo is usually itchy.
- The sore takes about one to three days to develop after contact with fluid or crusts from a sore.
- There is often superficial peeling on the edge.

How is it spread?

- The sore is itchy, and children can scratch it, spreading the infection to nearby skin or to other parts of their own body.
- The fluid and crusts of the sore contain the bacteria, and contact with the sore or with things that have been on the sore (clothing, dressings, towels, etc) can spread the infection to other people.
- A sore can be infectious as long as it is weeping. Usually it has stopped being infectious about 24 hours after treatment with an antibiotic has been started, and healing has begun.
- The germs can also be spread from other parts of the body that do not appear to be affected, eg from a runny nose.

Treatment

- A child with impetigo needs to be checked by a doctor to be sure that it is impetigo, because sometimes an antibiotic medicine is prescribed.
- Remove the crusts. The best way to do this is to bathe the child for 20-30 minutes, while wiping the crust away with a wet towel.
- Try to prevent your child scratching the sores as much as possible, eg cover sores with a watertight dressing and cut your child's fingernails.
- Continue medical treatment until all sores are healed.
- **Your child can go back to school, kindergarten or day care after 24 hours of treatment and when the sores are completely covered with dressings.**
- The sores should clear up in a few days with treatment but may need to be treated again.

Reducing the spread of impetigo

Impetigo is easily spread but it is usually not a serious infection. People can be worried about it because it is on the skin, and easy to see. Impetigo can occur even when the skin is kept clean, it is not a sign of poor parenting. If your child has impetigo, the following may help reduce spread:

- A daily bath or shower with soap and water may reduce the risk of impetigo. Antiseptic soaps can be used, but these can irritate the skin of some people.
- Good hygiene including regular hand washing and throwing away used tissues is advised. Cut your child’s fingernails short and keep them clean.
- Make sure that grazes or cuts are thoroughly washed and if your child is scratching a sore, it may be wise to cover it with a dressing.
- People coming in contact with someone with impetigo need to wash their hands regularly. Put all dressings in a bin with a lid as soon as they are taken off.
- Wash your child's clothes, towels and bed linen separately from the rest of the family. Wash them in hot water and dry in the sunshine or a hot tumble dryer. Toys can be washed using a mild disinfectant.